

January 2019 School Breakfast w/8oz Skim or 1% Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	Holiday!	Whole Grain Cereal	WG Cinnamon Toast Cereal Bar	WG Mini Bagel w/ Strawberry
				Creamy Cheese
		Fruit 100% Juice	Fruit 100% Juice	Fruit 100% Juice
		100% Suice	100% Juice	100% Juice
31	1	2	3	4
Whole Grain Cereal	Whole Grain Cheerio Breakfast Bar	WG Mini Bagel w/Cinnamon Creamy Cheese	Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
100% Juice	Fruit	Fruit	Fruit	w/Cream Cheese
Fruit	100% Juice	100% Juice	100% Juice	Fruit
				100% Juice
7	8	9	10	11
Whole Grain Cereal	Whole Grain Honey Oat Bagel	Whole Grain Corn Muffin	Whole Grain Mini Pancakes	WG Mini Bagel w/Cinnamon Creamy Cheese
Fruit	w/Cream Cheese	w/Smart Balance Butter	Fruit	Fruit
100% Juice	Fruit	Fruit	100% Juice	100% Juice
	100% Juice	100% Juice		
14	15	16	17	18
Whole Grain Cereal	Whole Grain English Muffin	Whole Grain Mini French Toast	Whole Grain Mini Waffles	Whole Grain Blueberry Bagel
Fruit	Soy Butter	Fruit	Fruit	Cream Cheese
100% Juice	Fruit	100% Juice	100% Juice	Fruit
	100% Juice			100% Juice
21	22	23	24	25
Whole Grain Cereal	WG Mini Bagel w/ Strawberry Creamy Cheese	Whole Grain Croissant	Whole Grain Honey Oat Bagel	
Fruit	Fruit	w/Jelly	w/Cream Cheese	
100% Juice	100% Juice	Fruit	100% Juice	
		100% Juice	Fruit	
28	29	30	31	

City Fresh Foods | P.O. Box 255698 | Dorchester, MA 02125

Menu subject to change

Phone 617-606-7123 | Fax 617-606-7126

This institution is an equal opportunity provider.

City Fresh Foods, Inc may use Milk, Eggs, Fish, Shellfish, Soy, Treenuts & Wheat in its meal development & production. City Fresh Foods is a Peanut-free facility. Before placing meal orders please determine whether any anticipated consumers have a food allergy and specifically notify City Fresh Foods of the potential allergen requirements at the time that the order is placed. In accordance with Massachusetts General Law and Regulations, before placing your order, please inform your server if a person in your party has a food allergy.