



March 2019
K-8 Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
				Whole Grain Cheese Pizza Green Beans Fruit 1
Turkey Meatball Sub w/Marinara Sauce Whole Grain Sub Roll Broccoli Fruit 4	Chicken Nachos Baked Tortilla Chips Mixed Vegetables Fruit 5	Turkey & Cheese Panini on Whole Grain Panini Potato Wedges Fruit 6	Whole Grain Cheese Quesadilla Black Bean & Corn Fruit w/Sour Cream 7	WG Turkey Pepperoni Pizza Carrots Fruit 8
Whole Grain Chicken Nuggets Baked Beans Fruit BBQ Dipping Sauce 11	Whole Grain Macaroni & Cheese California Veggies Fruit 12	Honey Mustard Chicken Drumstick Whole Grain Brown Rice Broccoli Fruit 13	Holiday Meal Corned Beef Sweet Potato Hash French Toast Sticks Fruit w/Syrup 14	Whole Grain Cheese Pizza Green Beans Fruit 15
Cheese Enchiliada w/Tomato Sauce Brown Rice & Beans Carrots Fruit 18	Popcorn Chicken Whole Grain Brown Rice Broccoli Fruit Sweet & Sour Dipping Sauce 19	Steak & Cheese Bomb w/Whole Grain Sub Roll Sweet Potato Wedges Fruit 20	Chicken Teriyaki Drumstick Whole Grain Brown Rice Mixed Vegetables Fruit 21	WG Turkey-Pepperoni Pizza Green Peas Fruit 22
Chicken Parmesan Whole Grain Pasta Broccoli Fruit 25	BBQ Chicken Drumstick Whole Grain Brown Rice Carrots Fruit 26	Beef Taco w/Cheddar Cheese Whole Grain Soft Tortilla Corn w/Red Peppers Fruit 27	Turkey Burger Whole Wheat Hamburger Bun Baked Beans Fruit Ketchup 28	Whole Grain Cheese Pizza Mixed Vegetables Fruit 29