



May 2019 K-8 Menu

Delivering health one meal at a time!

Monday	Tuesday	Wednesday	Thursday	Friday
		Jambalaya (Chicken & Turkey Sausage,) & Beans Whole Grain Brown Rice Fruit	Crispy Chicken & Waffles w/Whole Grain Waffle Sweet Potato Hash Fruit w/Syrup	Whole Grain Cheese Pizza Carrots Fruit
		1	2	3
Popcorn Chicken Whole Grain Brown Rice Broccoli Fruit Sweet & Sour Dipping Sauce	Whole Grain Cheese Quesadilla Black Beans & Corn Fruit w/Sour Cream	Breaded Chicken Sandwich Whole Wheat Hamburger Bun Potato Wedges Fruit Ketchup	WG Chicken Enchilada w/Tomato Sauce Brown Rice & Beans Mixed Vegetables Fruit	WG Turkey Pepperoni Pizaa Carrots Fruit
6	7	8	9	10
Chicken Nachos WG Baked Tortilla Chips Carrots Fruit	WG Mini Corn Dogs Baked Beans Fruit Mustard	Sweet Chili Chicken Drumstick Whole Grain Brown Rice Broccoli Fruit	Scrambled Eggs w/Whole Grain Biscuit Sweet Potato Hash Fruit Ketchup	Whole Grain Cheese Pizza Green Beans Fruit
13	14	15	16	17
Whole Grain Chicken Nuggets Baked Beans Fruit BBQ Dipping Sauce	WG Cheese Enchilada w/Tomato Sauce Brown Rice & Beans Broccoli Fruit	Steak & Cheese Bomb w/Whole Grain Sub Roll Sweet Potato Wedges Fruit	Chicken Teriyaki Drumstick Whole Grain Brown Rice Mixed Vegetables Fruit	WG Turkey-Pepperoni Pizza Green Peas Fruit
20	21	22	23	24
Memorial Day!	WG Breaded Chicken Tenders Loaded Cheesy Potato Boat Fruit Ketchup	Beef Taco w/Cheddar Cheese Whole Grain Soft Tortilla Corn w/Red Peppers Fruit	BBQ Texas Burger w/Onion Rings Whole Wheat Hamburger Bun Baked Beans Fruit	Whole Grain Cheese Pizza Carrots Fruit
27	28	29	30	31