

MIDDLE SCHOOL PE/HEALTH

1. INTRO

Welcome Middle Schoolers to your PE/Health class!

A. Expectations

i. Physical Education:

1. *Students are to be dressed in school gym uniforms and have appropriate gym shoes when in class. (-1 for each item that is not class appropriate)*
2. *Students will only be warned the following times for behavior/conduct in the gymnasium.*
 - a. *3 warnings = Demerit*
 - b. *4 warnings = Detention*
3. *There is ZERO tolerance for talking down to classmates!*
 - a. *Points will be deducted from class participation.*
 - b. *Demerits will be handed out if necessary.*
4. **Participation is mandatory!** *If you choose not to participate you're grade will reflect on it!*
 - a. *Need a doctors/parent note if injured and a second note to return to class.*
5. *Please bring a class appropriate water bottle to class!*
 - a. **NO GATORADE BOTTLES**
6. *No food in the parish center!*
7. *Physical Education is supposed to be a fun and inviting environment! I do not expect you to be Olympic athletes! If you try your best, you can do anything!*

ii. Points

1. *Participation = 80%*
2. *Homework 5%*
3. *Tests = 15%*

2. HEALTH (MIDDLE SCHOOL)

A. Expectations

- i. Students are **required** to have notebooks and a writing instrument (pen/pencil) ready when arriving to class.
- ii. Students must be engaged and ready to participate during class discussions.
- iii. If a student is not paying attention or causing a distraction, they will be asked to sit separately from the class.
- iv. Inappropriate comments will not be tolerated in class.
 - 1. *Will result in a note home to parents.*

B. Points

- i. Participation = 55%
- ii. Homework = 10%
- iii. Tests = 35%

5TH GRADE PHYSICAL EDUCATION

3. INTRO

Welcome 5th grade to your Physical Education class!

A. Expectations

i. Physical Education:

- 1. Students are to be dressed in school gym uniforms and have appropriate gym shoes when in class. (-1 for each item that is not class appropriate)*
- 2. Students will only be warned the following times for behavior/conduct in the gymnasium.*
 - a. 3 warnings = demerit*
 - b. 4 warnings = detention*
- 3. There is ZERO tolerance for talking down to classmates!*
 - a. Points will be deducted from class participation.*
 - b. Demerits will be handed out if necessary.*
- 4. Participation is mandatory! If you choose not to participate you're grade will reflect on it!*
 - a. Need a doctors/parent note if injured and a second note to return to class.*
- 5. Please bring a water bottle to class!*
 - a. No Gatorade bottles!*
- 6. No food in the parish center!*
- 7. Physical Education is supposed to be a fun and inviting environment! I do not expect you to be Olympic athletes! If you try your best, you can do anything!*

ii. Points

- 1. Participation = 80%*
- 2. Homework = 5%*
- 3. Tests/Projects = 15%*

4TH GRADE PHYSICAL EDUCATION

4. INTRO

Welcome 4th grade to your Physical Education class!

A. Expectations

i. Physical Education:

1. *Students are to be dressed in school gym uniforms and have appropriate gym shoes when in class.*
2. *Students will only be warned the following times for behavior/conduct in the gymnasium.*
 - a. *3 warnings = Behavior Sheet sent home*
 - i. *Cannot return to class unless the sheet is filled with student and parent signature.*
 - b. *4 warnings = Demerit*
3. *There is ZERO tolerance for talking down to classmates!*
 - a. *Points will be deducted from class participation.*
 - b. *Demerits/behavior sheets will be handed out if necessary.*
4. *Injuries and Participation*
 - a. *Need a doctors/parent note if injured and a second note to return to class.*
5. *Please bring a water bottle to class!*
 - a. *No plastic single use bottles if possible!*
6. *No food in the parish center!*
7. *Physical Education is supposed to be a fun and inviting environment! I do not expect you to be Olympic athletes! If you try your best, you can do anything!*