

# **NATIVITY ATHLETIC HANDBOOK**

**Principal  
Kathy Shadel**

**Athletic Director  
John Novak**

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**NATIVITY OF OUR LORD SCHOOL IS A MEMBER OF THE CATHOLIC  
SCHOOLS ATHLETIC LEAGUE (CSAL) OF THE ARCHDIOCESE OF  
DENVER.**

**Nativity does not discriminate on the basis of race, age, handicap, color, national or ethnic origin in the administration of their educational policies, employment practices, scholarship and loan programs or athletic or other school administered programs.**

## **PHILOSOPHY AND MISSION OF THE CATHOLIC SCHOOLS ATHLETIC LEAGUE**

The Catholic Schools Athletic League (CSAL) is designed to contribute to the mission of the Archdiocese of Denver Catholic Schools and to the health, well-being, citizenship, and character development of the youth of the League. The mission of CSAL, in partnership with parents, coaches, and volunteers is to offer elementary school students the opportunity to grow in virtue, develop their full potential, and become a more committed disciple of Jesus Christ. CSAL emphasizes the following virtues:

--Participation: Students at all levels of ability are encouraged to participate.

--Respect and Dignity: Participants are encouraged to compete while always showing respect and honoring the dignity of team mates, athletic opponents, coaches, volunteers, and spectators. Winning is always secondary to good sportsmanship, ethical behavior, mutual trust, and showing compassion.

--Gratitude: Student athletes are invited to recognize and be grateful that, out of love, God created them as unique beings and that their varied gifts and talents should be used for the benefit of all and for the greater glory of God.

--Catholic Values: All participants—athletes, parents, coaches, volunteers, spectators—are called to uphold Catholic values and to demonstrate those values by word and deed. In addition, CSAL recognizes the importance of observing the Sabbath day by prohibiting all CSAL activities from taking place on Sunday including meetings, practices, and games, so that families can remain committed to worship of the Lord and observe a day of rest.

--Safe Environment: CSAL seeks to ensure the protection of all children by requiring that individuals who work with and around children adhere to the policies and procedures as defined by the Child and Youth Protection Office of the Archdiocese of Denver.

These principles and values shall not be sacrificed in the desire to win. Basic to this is the duty of the host school at any athletic event to take every possible measure to assure courteous, friendly, and fair treatment to visiting players, school officials, spectators, and game officials.

## **JUNIOR VARSITY (JV) AND VARSITY PHILOSOPHY OF PLAY FOR NATIVITY ATHLETES**

JV (5<sup>th</sup> and 6<sup>th</sup> grades): The philosophy of JV sports is to make JV play instructional. As part of this instructional process, athletes are introduced to a competitive level of play. Emphasis will be placed on: (1) creating a positive learning experience; (2) sportsmanship; and (3) developing the fundamental knowledge and skills required for a sport.

Varsity (7<sup>th</sup> and 8<sup>th</sup> grades): Varsity sports are an extension of the JV philosophy; however, at this level of play there is the additional emphasis of competitive play while still providing a Catholic sportsmanship experience.

## **PURPOSE OF THE CSAL**

A Catholic school participates in CSAL sports programs as one dimension of its Catholic education ministry. A school's athletic program justifies its existence and the sacrifice and expense it entails only if it makes better Catholics of its participants. In the Archdiocese of Denver Catholic schools athletic programs, emphasis rests not on the number of games won or lost, but on the participants' attitude in victory or defeat. Learning how to lose is just as important as learning how to win. Learning how to win graciously is more important than winning itself.

CSAL programs serve the needs of all students attending our Catholic schools. They enable the athletically gifted to excel and the less gifted to participate and improve. "Star" athletes and teams do not receive exclusive attention. Principles of fair play and sportsmanship govern every game. All participants should have the respect of others on their own team and the opposing team. Competitors should regard the opposition as friends, not enemies.

CSAL participants should have a spirit of loyalty to CSAL ideals, to the school, to the coach, and to the team. They should learn patience with and tolerance of those of less ability than themselves. Speech and actions should reflect Catholic values. Ultimate responsibility for the success of CSAL programs lies with the adults involved who must remember that the program exists for the Catholic growth of young people. Conduct of adults must always model Catholic values and virtues. When adults forget the primary focus of CSAL, the program becomes destructive. When the adults remain faithful to the Catholic ideals of CSAL, they exercise a unique and rewarding ministry to the young with whom they come in contact.

## **CSAL CODE OF CONDUCT**

### Coaches

Acceptable standards of coaching behavior include:

1. Be a good role model for participants and fans, exemplifying the highest moral and ethical behavior.
2. Coach in a positive manner, reflecting Christian moral values.
3. Instruct participants in sportsmanship and demand they display good sportsmanship.
4. Treat opposing teams, coaches, and spectators with respect.
5. Respect the judgment of officials; abide the rules of the event.
6. Remember that the players are children and are playing for their enjoyment.

### Players

Acceptable standards of participant behavior include:

1. Play in a positive manner, reflecting Christian values.
2. Respect the judgment of officials and abide by the rules of the contest.
3. Accept seriously the responsibility of representing the school by displaying positive behavior at all times.
4. Treat opponents with respect; shake hands prior to and after contests.

### Officials

Acceptable behavior for officials includes:

1. Be approachable for explanation or clarification of rules for players and coaches under appropriate circumstances.
2. Officiate in a positive manner reflecting a Christian attitude.
3. Exhibit knowledge of rules.

### Spectators

Acceptable behavior for spectators includes:

1. Be a positive role model.
2. Remember that the players are children and are playing for their enjoyment.

3. Refrain from derogatory comments or gestures to players, coaches, parents of the opposing team, officials or league administrators before, during and/or after the game.
4. Respect decisions made by contest officials.
5. Remain seated in the spectator area during games.

#### Enforcement

Schools shall be subject to the Code of Conduct under the supervision of the Catholic Schools Athletic Board. Complaints regarding violations of this code shall first be brought to the attention of the principals and athletic directors of the schools involved. Coaches, participants or spectators may be placed on probation or suspended from CSAL activities for their actions.

#### **SPORTS OFFERED AT NATIVITY THROUGH CSAL**

Fall—Girls' softball, boys' volleyball, girls' and boys' cross country, and coed flag football.

Winter—Girls' and boys' basketball, and coed futsal.

Spring—Girls' volleyball and boys' baseball.

The number of teams, size of teams, and the skill levels at which athletes are placed are a direct result of the number of students who choose to participate in sports and the availability of qualified coaches.

5th and 6th grades are considered Junior Varsity (JV) level sports.

7th and 8th grades are considered Varsity level sports.

#### **TEAM ROSTER CROSSOVER**

Regular and postseason play:

JV players cannot be rostered on two JV teams. In extenuating circumstances a JV player may be rostered on to two teams (one JV and one varsity) to meet roster requirements for a varsity team for regular season games. A JV athlete is not allowed to be rostered on two teams for postseason tournament play. A varsity player may NOT be placed on to a JV team.

Varsity players cannot be rostered on more than one team.

#### **SUBMISSION OF TEAMS BY GROUP/DIVISION**

New this year, basketball teams will be submitted by group for regular season play. All schools with a basketball team must submit a team into Group A. If a school has two teams, one team is placed in Group A and one team into Group B. For schools with three teams, one team will be placed in Group A, one team in Group B, and the third team into Group C. Schools with four teams: schools will place their first two teams into Group A, one team in Group B, and the fourth team into Group C. After regular season play, teams will be placed into brackets for tournament play.

The above paragraph addresses the general guidelines that athletic directors will be using to place their basketball teams this year. Final team placement is at the discretion of the CSAL director.

Girls' volleyball teams will be submitted by division:

Division I—Schools who host a tryout or player evaluation and place their best players on one team.

Division II—(a) Schools who host a tryout or player evaluation; this level is aside for a school's "B" team.  
(b) It is recommended that schools with an all 8<sup>th</sup>/6<sup>th</sup> grade team place their teams in this division.

Division III—(a) Schools who host a tryout or player evaluation; this level is set aside for a school's "C" team. (b) Schools who only have one team at this level. (c) It is recommended that schools with all 7th grade/5th grade teams place their team in this division.

Division IV—This is an instructional team. Teams made up of 75% of 8th/6th grade teams are not allowed to place their team in this division.

Coed flag football, cross country, softball, boys' volleyball, coed futsal, and baseball will participate in league play as designated by the CSAL director.

## **VOLUNTEERS AND TRAINING**

### Safe Environment Training

Per the Archdiocese of Denver, ALL volunteers who have the potential to develop a "trust relationship" with a student are required to attend Safe Environment Training (SET) prior to assuming the duties and responsibilities of a volunteer position. Training is required for, but not limited to, coaches (both head and assistant), scorekeepers, line judges, and volunteers who assist in running the scoreboard. In addition to the SET, ALL volunteers must sign a Code of Conduct and pass a criminal background check. This documentation must be on file in the Parish Office prior to assuming the duties and responsibilities of a volunteer position. (A signed copy of attendance for the SET must also be submitted to the Parish Office.) No volunteer is permitted to assist a coach at games or practices unless he/she has the required documentation on file in the Parish Office. For a list of training sites please contact the Parish Office, School Office, or the Athletic Department.

### Play Like a Champion Today for Parents and Coaches

The Superintendent of Schools for the Archdiocese of Denver has mandated Play Like a Champion Today (PLCT) training for parents who have athletes participating in CSAL sports. In addition, persons interested in coaching must attend a Play Like a Champion Today training for coaches.

PLCT is a "research-based, child-centered curriculum designed to:

- Help us recognize the spiritual nature of sports;
- Train youth sport coaches to be effective ministers; and
- Promote the moral and character development of our youth."

For a list of training dates and to register for the PLCT parent or coaches training, please go to the CSAL website at [www.csalden.org](http://www.csalden.org).

## **THE ATHLETIC DIRECTOR**

Nativity has an athletic director who is in charge of the athletic program and who is responsible for implementing and enforcing CSAL policies and procedures.

## **COACHES**

A person interested in coaching needs to contact either the principal or athletic director. All coaches are volunteers. Head coaches with an athlete participating in the sport are not required to pay the athletic registration fee.

All head coaches must be 18 years of age or older and a high school graduate. In addition, coaches must complete the Coaching Requirements listed on the CSAL website.

Coaches do not automatically return to coach the same team year after year.

### Responsibilities:

- Follow and support all policies of the school and CSAL.
- Promote academics first and to enforce the eligibility policy and absentee policy.
- Serve as a role model.
- Set game and practice schedules according to guidelines and availability of the gym or fields as approved by the athletic director. No changes are to be made without the approval of the athletic director.
- Attend required preseason and tournament meetings
- Hold a parent meeting at the beginning of the season to inform parents of expectations.
- Supervise athletes on their team at all times. Teams are never to be left alone in the gym or any other part of the building or property. This includes supervision when changing clothes and when waiting for rides. Coaches are never to leave athletes alone, including athletes who are waiting for rides. Coaches need to notify parents of their expectations that athletes are to be picked up on time.
- Ensure visiting coaches know that they are to supervise their teams.
- Notify the school in time of any cancellations of practices or games.

### **ASSISTANT COACHES**

Head coaches may choose their assistant coaches; however, the athletic director and the principal must approve their choices. Assistant coaches must meet with the athletic director prior to working with athletes. All assistant coaches are expected to meet the same requirements as head coaches (described above) with the following exceptions: (1) not required to be 18 years of age or older; (2) not required to be a high school graduate; (3) if under the age of 18, not required to attend SET, have background check or signed Code of Conduct on file; or (4) if under 18 years of age and a high school student, not required to complete PLTC training.

Athletes are expected to cooperate fully with assistant coaches at all times. Assistant coaches will assume the responsibilities of the head coach in the absence of the head coach.

### **SIGNING UP YOUR ATHLETE FOR SPORTS**

Parents are strongly encouraged to attend a preseason meeting. Registration for participation in CSAL sports is conducted on the CSAL website. An athlete **MUST** be registered on the CSAL website by deadlines established by the CSAL director. Nativity does not do late registrations. Athletes not registered by the designated deadline will not be eligible to participate in camps, assessments, practices, games or meets. In addition, a signed copy of the Parent and Student Contract (found on the last page of the Athletic Handbook) must be on file in the athletic office.

There is a registration fee to participate in each sport. The registration fee must be paid prior to assessments or the first cross country practice. No athlete will be turned away from participating in sports for financial reasons. Please contact the athletic director or principal for further information regarding an athletic fee waiver.

Although not required, CSAL strongly recommends that each child have a physical examination prior to sports participation.

Coaches will hold a parent meeting at the start of their season to explain team rules, playing time, practice times, schedule concerns, etc. It is important that parents attend this meeting.

### **ASSESSMENTS**

Assessments will be conducted for all athletes prior to season play. There may be seasons when baseball assessments cannot be conducted prior to the submission of teams due to field availability. The City of Broomfield will not allow the use of baseball fields prior to March 1. If baseball assessments cannot be conducted due to field availability, the athletic director will make a recommendation to the principal regarding the submission of baseball teams.

Because of the makeup of coed flag football, softball, coed futsal, and baseball teams, there is a strong possibility of teams being submitted by grade level. There are no assessments for cross country.

After assessments are completed, athletes are placed onto teams with players of comparable skills. After the teams have been formed, a determination is made concerning the level of participation for each team during CSAL regular season play. If the optimum number of players sign up for a team sport, assessments are not required.

Every reasonable attempt will be made to have an athlete assessed. In the event that an athlete cannot be assessed or fails to complete an assessment, the athletic director will make a recommendation to the principal for final approval on which team an athlete should be placed.

After assessments have been completed, the athletic director will submit team rosters to the principal for final approval. There may be occasions when the proposed rosters may need to be revised due to extenuating circumstances known only to the principal. All final rosters are approved by the principal. In the event that two teams will participate in the same division, the athletic director will make one of the following of the recommendations to the principal for final approval: (1) submitting of one team with stronger abilities and one team with weaker abilities; (2) submitting two teams with equal abilities; or (3) submitting the two teams by grade level.

## **PLAY TIME**

Coaches will inform their players about their policies concerning play time. Play time can be affected by attendance of the athlete at practices, games, and the behavior or overall sportsmanship on the part of the athlete.

Minimum play time requirements are identified in the addendum for each sport. Addenda are available on the CSAL website at the beginning of each season.

If you feel that there is an issue with your athlete's play time, please contact your athlete's coach. If the issue is not resolved, please feel free to contact the athletic director. The principal should be contacted if all attempts to resolve the issue have been unsuccessful.

CSAL requires that an athlete participate in 70% of regular season games in order to participate in post-season tournament play. CSAL also realizes that there may be extenuating circumstances that may have prevented an athlete from participating in regular season games such as an illness or broken bone. Playing a sport for another team is not considered a "legitimate" reason to miss a regular season game. All exceptions to participate in postseason CSAL tournament play must be approved by the principal and CSAL director. Please keep in mind that detentions and academic probation are not automatic reasons to be considered for a waiver for postseason tournament play.

## **TRANSPORTATION**

Parents are responsible for the transportation of their athlete to and from all practices, games, and cross country meets. Coaches are NOT allowed to coordinate rides for their team for practices, games, or cross country meets.

## **TOURNAMENT PLAY**

In addition to regular season play in CSAL, teams may participate in preseason or holiday tournaments sponsored by our school or other area schools. These tournaments may have slightly different rules than regular season games. Teams entering a tournament or tournaments, with the exception of post season CSAL tournaments, are responsible for registration fees.

## STUDENT ELIGIBILITY

Eligibility for athletics is based on the following criteria:

- May not have below a “C” average in any two subject areas.
- No detentions, suspensions, or other serious conduct problems.

A list of athletes who are not eligible due to academic or conduct problems will be furnished to the athletic director each week. If a student is ineligible, the parents and coach will be notified by the athletic director (or appropriate school representative).

Academically ineligible athletes or athletes identified with conduct problems may not participate in games, including tournaments, for a period of six days. The ineligibility period begins on the Monday after notification by the athletic director and runs through and includes the upcoming Saturday. Students may attend and participate in practices at a parent's discretion.

## DETENTION POLICY

For questions concerning Nativity School Detention Policy, please refer to the Parent Student Handbook. The Athletic Detention Policy is as follows:

First Detention during a sport's season--The athlete is benched for one game and all practices leading up to that game. The athlete may attend the game and sit on the team bench to support the team. This decision will be based on discussions between the head coach and the athlete's parents or guardian.

Second Detention during a sport's season--The athlete is benched for two games and all practices leading up to those games. The attendance policy for games discussed in the first detention applies.

Third Detention during a sport's season--The athlete may not participate in any further games or practices until a meeting is held with the principal, athletic director, parents (or guardian) of the athlete, and the athlete to determine continued eligibility.

If an athlete receives more than three detentions during a sport's season, the athlete may not participate in any further games or practices until a meeting is held with the principal, athletic director, parents (or guardian) of the athlete, and the athlete. The purpose of this meeting will be to determine the future of the athlete in the athletic program.

**\*\***There may be extenuating circumstances, such as holiday breaks, that may require the principal to evaluate the length of time a player will miss for practices or games.

Detention notification process for athletes: After an athlete's parents or guardian have been officially notified of a detention, the principal or assistant principal will inform the athletic director. After notification, the athletic director will contact the parents or guardian of the athlete to review the detention policy for student athletes; the athletic director will also notify the athlete's coach. Coaches are responsible to ensure that the detention policy is strictly enforced. The athletic director is not given details of a student's detention, only the name of the student and the date of the detention.

## STUDENT EXPECTATIONS

- Show good sportsmanship toward teammates, opposing teams, coaches, schools, and officials.
- Understand the eligibility policy and support it.
- Attend practices and games as outlined by your coach and abide by his/her rules if you miss a practice or a game.
- Obey the same school rules at practices and games - you still represent Nativity School.
- Show respect for your coaches.
- Take care of uniforms and equipment.
- Turn uniforms in on time and in good, clean condition.



- Stay with the coach in designated area (gym or field).
- Students are never to be in any areas on school property unsupervised.
- No horseplay or ball playing is allowed outside the gym. This includes away games when we are guests at other schools.
- Read, sign, and return Parent and Student Contract to the Athletic Department.

### **PARENT EXPECTATIONS**

- Attend preseason sports meeting; read, sign, and return Parent and Student Contract.
- Attend required PLCT parent training.
- Register athlete on the CSAL website by the deadline set by the CSAL director for each sport. There are no exceptions for deadlines.
- Pay the athletic registration fee for each sport prior to assessments or first cross country practice. If there is a financial problem, please notify the athletic director or principal.
- Inform coaches of any physical limitations their son/daughter may have.
- Participate in and support all fundraising for the Athletic Department.
- Stress academics first and support the eligibility policy.
- Support the coach.
- Attend games and show good spectator sportsmanship.
- Do not pressure your child.
- Arrange transportation to and from your child's practices, games, and cross country meets.
- Arrange for supervision of your child if waiting after school for a practice, game or cross country meet.
- Keep lines of communication open between parents and the coach at all times.

### **WHAT TO DO IF YOU OR YOUR STUDENT HAS A CONCERN**

If an athlete or parent(s) have questions or concerns with regard to a coach's policies, play time, coaching philosophy, or other issues not specifically addressed here, please make every attempt to contact the head coach. Our coaches are volunteers who give a great number of hours in service to our athletic program. They deserve to be treated with respect and that means going to them first with any problems. When discussing problems with the coach, please try to put yourself in the coach's shoes. When making decisions, coaches not only consider the needs of the individual, but also the needs of the team. Remember, too, that there are times when a coach may not be aware a problem exists unless there is communication.

In the event that a parent has discussed a problem or misunderstanding with a coach and feels the problem is unresolved, the parent should contact the athletic director. The principal should be contacted if all attempts to resolve the issue have been unsuccessful.

### **GUIDELINES FOR PRACTICES AND GAMES**

There are a number of no play/no practice days during the school year designated by the Office of Catholic Schools, Nativity School, and Parish:

Thanksgiving  
 December 8, Feast of Immaculate Conception  
 Christmas Break  
 Educators' Appreciation Day  
 Ash Wednesday  
 Holy Thursday  
 Good Friday  
 Holy Saturday  
 Easter  
 Easter Monday  
 Spring Break  
 Spelling and Speech Meets (restricted time)  
 Parish requests for major events

As directed by the Superintendent of Schools for the Archdiocese of Denver, no games or practices are allowed on Sundays.

Teams will play approximately eight regular season games. Additionally, teams may participate in invitational tournaments. These tournaments provide more games for each team and an opportunity for coaches to maximize an athlete's play time. Teams may also be eligible to participate in CSAL end-of-season tournaments. The athletic director and coaches will make every effort to keep parents informed concerning game and tournament schedules. It is important to keep in mind that some tournament schedules are distributed with very little notice.

No practice will be scheduled to end later than 9:00 p.m. There may be occasions when practices are held off site at other schools or facilities.

No one who is not a member of the team will be allowed to practice with the team.

When permission to be absent from a practice, game or cross country is requested for a legitimate reason, players are not to be penalized. It should be understood, however, that athletes who miss practice might be missing important skill and strategy sessions. More playing time will likely go to athletes who are best prepared.

### **ABSENTEE POLICY**

An athlete may not participate in a practice, game or cross country meet on a day that he/she was absent from school (for any part of the school day) because of an illness or unexcused absence. The principal must approve all excused absences. Please check with the athletic director if you have any questions about this policy.

### **REMOVAL FROM TEAMS**

No coach may remove an athlete from a team without the approval of the athletic director and school principal. A coach may suspend a team member for disciplinary reasons after consultation with the athletic director and principal; disrespect or inappropriate behavior by any athlete will not be tolerated.

### **REMOVAL OF COACHES**

The principal may remove a coach who does not abide by the policies and procedures established by the school or CSAL.

### **CARE OF FACILITIES**

- No food or drink is allowed in the gym at any time. Exception: Water bottles and sports drinks for athletes are permitted in the gym.
- Please help by reminding visitors to our gym that food and drink are prohibited in the gym.
- Do not leave trash of any kind in the gym or on the baseball field.
- Athletes must wear only appropriate athletic shoes in the gym; no cleats.
- Please do not allow children to wander in the gym, climb on equipment, or play with toys or balls during games.
- No one is allowed in any area other than the gym or bathrooms nearest the gym during athletic events.

### **UNIFORMS**

Medical-alert medals must be taped to the body and alert may be visible.

A large expense of running our athletic program is the purchase of uniforms. It is very important that uniforms be properly cared for while they are checked out to athletes.

Baseball pants are to be furnished by the parents of the athlete; pants must be white. Nativity will furnish a baseball jersey, belt, and baseball hat. The jersey and belt must be returned at the end of the baseball season. Athletes are allowed to keep their baseball hat.

Washing:

- Due to the variety of uniform materials, please follow the washing and drying information located on the inside of the uniform. If in doubt, please ask.
- No bleach should ever be used.
- Never use an iron on uniforms.
- Wash white uniforms separate from colored items.
- Turn uniform tops inside out when washing (this protects the numbers and letters).

Athletes will be assigned uniforms prior to the first game or cross country meet of the season. Uniforms are to be washed and returned promptly at the end of each season. Payment will be expected for lost or damaged uniforms.

Submitted: \_\_\_\_\_  
 John Novak  
 Athletic Director, Nativity of Our Lord Catholic School

Date: \_\_\_\_\_

Approved: \_\_\_\_\_  
 Kathy Shadel  
 Principal, Nativity of Our Lord Catholic School

Date: \_\_\_\_\_

Please read, sign (on back), and return the Parent and Student Contract to your son's or daughter's homeroom teacher prior to your athlete's first practice.

## **Parent and Student Contract**

### **PLEASE READ CAREFULLY:**

As a parent of a Nativity athlete, I understand that I am a representative of our school and community, and I agree to conduct myself in a sportsmanlike and Christian manner when attending athletic events. I understand that rude, disrespectful or otherwise **UNSPORTSMANLIKE** behavior may result in my being banned from attending Nativity or CSAL athletic events.

Nativity athletes are expected to conduct themselves in a Christian manner during practice and games.

In order for my athlete to participate in a sport they must be registered on the CSAL website for each sport. In addition, at least one parent or guardian must attend a PLCT parent workshop prior to the first scheduled athletic event of the season.

There is a registration fee to participate in each sport. The registration fee must be paid prior to assessments or the first cross country practice. No athlete will be turned away from participating in sports for financial reasons.

A head or assistant coach must attend a PLCT coach's workshop prior to coaching.

All volunteers must attend Safe Environment Training, sign a Code of Conduct, and pass a criminal background check prior to assuming the duties and responsibilities of a volunteer. A signed copy of attendance of training must also be submitted and on file in the Parish Office.

In order to be eligible to participate in sports, an athlete must:

- Meet the academic requirements discussed in the Nativity Athletic Handbook.
- Follow the behavior and conduct policies established by CSAL and Nativity School.

Parents and guardians are strongly encouraged to attend preseason athletic meetings.

An athlete may not participate in a practice, game or cross country meet on a day that he/she was absent from school (for any part of the school day) because of an illness or unexcused absence.

Athletes are expected to attend all practices, games or cross country meets and should be ready to participate on time. Missed practices, games or cross country meets can affect play time. Absences must be cleared with the coach in advance.

Athletes will remain with their coach during practices, games or cross country meets. Athletes are not to be in the hallways, classrooms, kitchen area or anywhere else in the school unsupervised. Athletes may go to the bathroom or drinking fountain with a coach's permission.

Parents/guardians are responsible for arranging transportation for their athlete to and from practices, games or cross country meets. Athletes need to be picked up immediately after practice, games or cross country meets, and may NEVER be left alone.

Uniforms are the responsibility of the athlete and parents; care should be taken when washing uniforms. Uniforms are to be turned in as soon as possible after the season has ended. Parents will be responsible for replacement costs in case of loss or permanent damage to the uniform.

Parents/guardians agree to always go to the coach first with athletic concerns. If meeting with the coach does not solve the concern, the athletic director should be contacted. The principal should be contacted only if these steps fail to resolve the concern.

Parents/guardians will be responsible to sell raffle tickets in the spring in order to raise funds to help support Nativity's athletic program. Money raised from the raffle goes to purchase athletic uniforms and equipment, pay for raffle prizes, and to maintain the gym floor.

Athletes must participate in 70% of regular season games in order to participate in postseason tournament play.

I have received and am familiar with the information contained in the Nativity Athletic Handbook. I also agree to abide by the philosophies, policies, rules, and regulations established by Nativity of Our Lord School and CSAL.

I hereby give my permission for my child to participate in any and all sporting events scheduled or approved by Nativity of Our Lord School. I understand that this involves extra time outside of school and that many events will require transportation to other schools. I understand that my child will be under the supervision of a coach. As a parent/guardian, I remain fully responsible for any legal responsibilities that may result from any personal actions taken by my child. It is further understood and agreed that medical expenses related to sickness or injury of my child are NOT covered by the school's insurance plan.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Father's Signature \_\_\_\_\_ Date \_\_\_\_\_

Mother's Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

Please Print Family Name \_\_\_\_\_