



February 2019 K-8 Lunch 4 Week

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	Whole Grain Cheese Pizza Mixed Vegetables Fruit 1
Turkey Meatball Sub w/Marinara Whole Grain Sub Roll Broccoli Fruit 4	BBQ Chicken & Cheese Panini Whole Grain Panini Mixed Vegetables Fruit 5	WG Crispy Chicken Patty Whole Grain Waffle Hash Brown Fruit w/Syrup 6	Whole Grain Cheese Quesadilla Corn Fruit w/Sour Cream 7	WG Turkey-Pepperoni Pizza Carrots Fruit 8
Whole Grain Chicken Nuggets Baked Beans Fruit BBQ Dipping Sauce 11	Whole Grain Macaroni & Cheese Carrots Fruit 12	Honey Mustard Chicken Drumstick Whole Grain Brown Rice Broccoli Fruit 13	Sweet Pineapple Turkey-Ham Whole Grain Stuffing Green Beans Fruit 14	Whole Grain Cheese Pizza Mixed Vegetables Fruit 15
President's Day! 18	Popcorn Chicken Whole Grain Brown Rice Broccoli Fruit Sweet & Sour Dipping Sauce 19	Chicken Sausage Whole Grain French Toast Home Fries Fruit w/Syrup 20	Steak & Cheese Bomb Whole Grain Sub Roll Sweet Potato Fries Fruit 21	WG Turkey-Pepperoni Pizza Green Beans Fruit 22
Whole Grain Cheese Enchilada w/Tomato Sauce Brown Rice & Beans Carrots w/Sour Cream 25	Chicken Alfredo Whole Grain Pasta Broccoli Fruit 26	Beef Tacos w/Cheese Whole Grain Soft Tortilla Corn Fruit 27	Teriyaki Chicken Drumsticks Whole Grain Brown Rice Mixed Vegetables Fruit 28	