



ST. CATHERINE LABOURE HEALTHY HABITS MENU

December 2022



Healthy Habits Plate Lunch Price Grades K-2 \$4.15 Grades 3-8 \$4.55 includes milk

Caesar Salad \$4.75

White Milk \$.45

Chocolate Milk \$.45

*= Baked

WG=Whole Grain Ingredients

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			ENTRÉE Bosco Stick with Sauce  SIDE ITEMS: Veggie & Dip Seasonal Fresh Fruit Cookie	ENTRÉE Papa Johns Pizza 1 Slice Cheese Pizza SIDE ITEMS: Orange Wedges Oreo Cookie
			ALA CARTE 3GR-8GR Chicken Nuggets Toasted Ravioli Seasonal Fresh Fruit	ALA CARTE 3GR-8GR Baked Potato Cheeseburger Seasonal Fresh Fruit Ice Cream EXTRA SLICE \$2.75 Cheese, Sausage or Pepperoni
5	6	7	8	9
ENTRÉE  Mini Tacos SIDE ITEMS: Buttered Corn Seasonal Fresh Fruit Dessert	ENTRÉE Chicken Strips SIDE ITEMS: Seasoned Noodles Vegetables Sherbet	ENTRÉE  Waffle with Syrup SIDE ITEMS:  Sausage Hash Brown Seasonal Fresh Fruit	ENTRÉE Hot Dog on Bun SIDE ITEMS: Chips Pickle Oreo 	ENTRÉE Papa Johns Pizza 1 Slice Cheese Pizza SIDE ITEMS: Orange Wedges Oreo Cookie
ALA CARTE 3GR-8GR Bosco Stick Mozzarella Sticks Seasonal Fresh Fruit Ice Cream	ALA CARTE 3GR-8GR Jumbo Corn Dog Mini Tacos Seasonal Fresh Fruit Big Chocolate Brownie	ALA CARTE 3GR-8GR Hot Dog French Fries Seasonal Fresh Fruit Ice Cream	ALA CARTE 3GR-8GR Chicken Nuggets Toasted Ravioli Seasonal Fresh Fruit	ALA CARTE 3GR-8GR Baked Potato Cheeseburger Seasonal Fresh Fruit Ice Cream EXTRA SLICE \$2.75 Cheese, Sausage or Pepperoni
12	13	14	15	16
ENTRÉE Pepperoni Hot Pocket SIDE ITEMS: Vegetable Seasonal Fresh Fruit Cookie	ENTRÉE  Cheeseburger on Bun SIDE ITEMS: Veggies & Dip Seasonal Fresh Fruit Mini Rice Krispies Treat	ENTRÉE Chicken Nuggets SIDE ITEMS: Vegetable Seasonal Fresh Fruit Mini Rice Krispies Treat	ENTRÉE  Jumbo Corn Dog SIDE ITEMS: Veggies & Dip Seasonal Fresh Fruit Vanilla Wafers	ENTRÉE Papa Johns Pizza 1 Slice Cheese Pizza SIDE ITEMS: Orange Wedges Oreo Cookie
ALA CARTE 3GR-8GR Bosco Stick Mozzarella Sticks Seasonal Fresh Fruit Ice Cream	ALA CARTE 3GR-8GR Jumbo Corn Dog Mini Tacos Seasonal Fresh Fruit Big Chocolate Brownie	ALA CARTE 3GR-8GR Hot Dog French Fries Seasonal Fresh Fruit Ice Cream	ALA CARTE 3GR-8GR Chicken Nuggets Toasted Ravioli Seasonal Fresh Fruit	ALA CARTE 3GR-8GR Baked Potato Cheeseburger Seasonal Fresh Fruit Ice Cream EXTRA SLICE \$2.75 Cheese, Sausage or Pepperoni
19	20	21	22	23
ENTRÉE Nachos and Cheese SIDE ITEMS: Green Beans Churro Seasonal Fresh Fruit	 NO LUNCH SERVICE			
ALA CARTE 3GR-8GR Bosco Stick Mozzarella Sticks Seasonal Fresh Fruit Ice Cream				
26	27	28	29	30
				