

# St. Rose of Lima Sports Association Registration Form

## Personal Information:

Players: Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Sex \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Basketball \_\_\_\_\_ Soccer \_\_\_\_\_ Volleyball \_\_\_\_\_ Cheerleading \_\_\_\_\_

Would you like to Coach or Assist? Yes \_\_\_\_\_ No \_\_\_\_\_

## Emergency Information:

Player's Physician \_\_\_\_\_

Phone \_\_\_\_\_

Insurance Co. \_\_\_\_\_ Group # \_\_\_\_\_ ID # \_\_\_\_\_

Allergies/Medications \_\_\_\_\_ Other Medical Condition \_\_\_\_\_

## In Case of Emergency Contacts:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Relation \_\_\_\_\_

## Medical Release Statement:

I hereby permit my child to participate in the St. Rose of Lima sports program. I understand and fully accept that there are risks involved in sports and that accidents and injuries are common and are ordinary occurrences of sports.

In case of medical emergency, I hereby give permission to St. Rose staff and volunteer coaches to order treatment for my child. This includes any necessary medical treatment and x-rays. Of course, I understand that every attempt will be made to reach me by phone when a diagnosis is completed. I also understand that all related medical costs are my responsibility.

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Parent or Guardian Signature

Date

# St. Rose of Lima Sport's Association

St. Rose of Lima operates under the constitution and by-laws of the CAC-Catholic Athletic Conference.

## Registration Policy

The first priority of our players should be academic effort. Players who receive a failing grade at any point in the season or who receive a failing grade on a report card should not participate in St. Rose sports games or cheerleading until such grade is improved. It is the responsibility of the parent or guardian to monitor your students' grades.

Priority will be given to players who attend St. Rose of Lima School for grades *Kindergarten through Eighth Grade* until **June 7, 2024** for soccer registration. After this date, if the team is filled up with players outside of St. Rose school, unfortunately your child will not be allowed to play in that division that is maxed out. It is important that you turn in your registration to the school office and pay no later than **June 7, 2024**.

There will be a limit placed on the number of players on a team. This limit will be determined by the Sports Association Director and the coaches with these guidelines in mind.

Soccer C1-16	Basketball B-10	Cheerleading-NO LIMIT
Soccer C2-16	Basketball A-10	
Soccer B-18	Volleyball B-11	
Soccer A-18	Volleyball A-11	

## Sports Fee

Soccer: 1 child- \$40, plus \$30 per additional child

Volleyball: 1 child- \$40, plus \$30 per additional child

Basketball: 1 child- \$40, plus \$30 per additional child

Cheerleading: 1 child-\$35, plus \$25 per additional child

## Commitment

Parents need to understand that it takes the efforts of many at St. Rose for our Sports program to be successful. Parents pledge to do their part to help, participate and conduct themselves in a Christian manner at all practices and games.

# St. Rose of Lima Sport's Association Code of Conduct Policy

Participation in extra-curricular activities at St. Rose of Lima is a privilege, not a right. This privilege may be revoked at any time by the coach, athletic director, or school Principle for behavior deemed detrimental to the good order of the program.

## **Expected Behavior of Athletes**

Coaches will explain to the athletes on their respective teams the importance of their responsibilities as Raiders, members of a team, and a representative of their school and community. As a part of their responsibility, athletes representing St. Rose should at all times:

- Show good sportsmanship and gentlemanly/lady-like conduct on and off the field of endeavor.
- Obey all training rules.
- Show courtesy to officials, coaches, school officials and opponents.
- Give maximum effort in practice and in all competitive situations.
- Dress in a uniform manner and project an athletic appearance.

**STUDENTS WHO ENGAGE IN UNSPORTSMANLIKE ACTS:** Discipline for such acts resulting in a flagrant foul, technical foul, unsportsmanlike conduct penalty, etc. will be left to the discretion of the coach but could cause the student-athlete to be restricted from representing the school for at least the next game. Please note that if any player receives a special report related to profanity or unsportsmanlike conduct toward a player or official, or if a player is ejected from a game, a minimum suspension of the next game will result.

## **Expected Behavior of Parents, Guardians, & Coaches**

Parents, guardians, and coaches should be mindful of their responsibilities as Raiders and a representative of their school and community. As a part of their responsibility, parents, guardians, and coaches representing St. Rose should at all times:

- Show good sportsmanship and gentlemanly/lady-like conduct at all times.
- Show courtesy to officials, coaches, parents, school officials, and opponents.

**PARENTS, GUARDIANS, & COACHES WHO ENGAGE IN UNSPORTSMANLIKE ACTS:** Discipline for such acts resulting in a flagrant foul, technical foul, unsportsmanlike conduct penalty, etc. will be left to the discretion of the Sports Board but could cause the parent, guardian, coach and student-athlete to be restricted from representing the school for at least the next game. Please note that if any parent, guardian, or coach receives a special report related to profanity or unsportsmanlike conduct, or If a parent, guardian, or coach is ejected from a game, a minimum suspension of the next game will result including the suspension of the student-athlete.

## **Parent/Coach Communication**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children become involved in our program, you have a right to

understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

#### COMMUNICATION YOU SHOULD EXPECT FROM YOUR CHILD'S COACH/SPONSOR:

- Philosophy of the coach.
- Expectations the coach has for your child as well as all the players on the squad.
- Locations and times of all practices and games.
- Team requirements, i.e., practices, special equipment, out-of-season conditioning.
- Procedure followed should your child be injured during participation.

#### COMMUNICATION COACHES/SPONSORS EXPECT FROM PARENTS:

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concerns with regard to a coach's philosophy and/or expectations.

#### APPROPRIATE CONCERNS TO DISCUSS WITH COACHES/SPONSORS:

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior.

Coaches are volunteers. Coaches make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

#### ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES:

- Team strategy.
- Play calling
- Other student-athletes.

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue or concern:

#### IF YOU HAVE A CONCERN TO DISCUSS, THE PROCEDURE YOU SHOULD FOLLOW:

- Call the coach to set up an appointment.
- If the coach cannot be reached, call St. Rose. A meeting will be set up for you.
- **PLEASE DO NOT ATTEMPT TO CONFRONT A COACH BEFORE OR AFTER A GAME OR PRACTICE.** These can be emotional times for both the parent and the coach. Meeting of this nature do not promote resolution.
- Parents or guardians are not to post grievances with officials, coaches, school officials, and opponents to social media before following the above procedures.
- Please note that if any parent, guardian, or coach post grievances to social media before following the above procedures, a minimum suspension of the next game could result including the suspension of the student-athlete.

#### WHAT TO DO IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION:

- Call to set up an appointment with the principle to discuss the situation.

**Other Items**

- Parents must remit payment, sign and return a registration form, & **sign and return a code of conduct policy** by the third practice or the athlete will not be allowed to practice.
- Athletes are not allowed to wear necklaces or any other item around their neck during practices or games.
- Athletes may wear small earrings, if covered and protected.
- Athletes must wear all protective gear required by their respective sport.

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Parent or Guardian Signature      Date